

Let them praise the
Name of the LORD!
For His Name alone is exalted!

FEBRUARY 2020



Saints Constantine and Helen Greek Orthodox Church
Rev. Father John Beal
Sunday Services 8:45 AM Matins – 10:00 AM Divine Liturgy
 43404 30th St. W, Lancaster, California 93536
 Website: www.stsch.org – Church Phone: 661-945-1212
 For confirmation on any event, please phone or text Sylva Robinson at 661-794-8307

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Meeting (Presentation) of our Lord Great Vespers 5:00 PM
2 Meeting of our Lord in the Temple Luke 2:22-40	3	4	5 Catechesis Class 4PM Vespers 5PM	6	7	8
9 Start of Triodion 16th Sunday of Luke Publican and Pharisee Luke 18:10-14	10 Fast Free Week	11	12 Catechesis Class 4PM Vespers 5PM	13	14	15
16 17th Sunday of Luke Prodigal Son Luke 15:11-32 Parish Council	17	18	19 Catechesis Class 4PM Vespers 5PM	20	21	22 Saturday of the Souls Matins/Liturgy 9/10 AM Memorials
23 Sunday of the Final Judgment Matt 25:31-46 Meatfare Luncheon	24 Cheesefare Monday Metropolis Clergy-Laity Assembly	25 Metropolis Clergy-Laity Assembly	26 Metropolis Clergy Retreat	27	28	29 Forgiveness Sunday Vespers Compline 6:00PM

CHURCH CALENDAR FOR FEBRUARY 2020¹

Sat	1	St. Tryphon (†251), Martyr and Healer. Forefeast of the Meeting of our Lord Jesus Christ New-martyr Anastasios of Nafplion. St. Bridget of Ireland
Sun	2	MEETING OF OUR LORD AND SAVIOR JESUS CHRIST IN THE TEMPLE [rest from labor]
Mon	3	Synaxis of St. Simeon the God-Receiver & Prophetess Anna; New Martyrs Stamatios & John the Brothers, and Nicolas of Spetsai (†1822). Martyrs Paul and Simon
Tue	4	St. Isidore of Mt. Pelusium (†470). St. Nicholas the Confessor, Abbot of Studion Monastery New-martyr Joseph of Aleppo. St. Cyril of New Lake, the Wonder-worker
Wed	5	Martyr Agatha of Sicily; St. Polyeuktos, Patriarch of Constantinople St. Theodosios of Skopelos New-martyr Anthony of Athens(†1774)
Thu	6	St. Bukolas, Bishop of Smyrna (disciple of St. John the Apostle) St. Photios the Great (†891 Patriarch of CP). Sts. Barsanuphris & John of Gaza
Fri	7	Righteous Parthenios, Bishop of Lampsakos; St. Luke of Mt. Stirion (healer †846) New-martyr George of Crete
Sat	8	Great-martyr Theodore the Commander. Prophet Zacharias. St. Savvas of Serbia
Triodion Begins (Fast Free Week 9-15 Feb)		
Sun	9	Publican and the Pharisee. Martyr Nikephoros(†259). Apodosis of the Meeting of our Lord in the Temple. Bishop Markellos. St. Philagrius, Bishop of Cyprus, martyr
Mon	10	Hieromartyr Haralambos the Wonder Worker (†192) [rest from labor]. St. Anastasios, Archbishop of Jerusalem. St. Anna Princess, Novgorod
Tue	11	Hieromartyr Vlassios of Sebasteia. St. Theodora, Empress of Constantinople
Wed	12	St. Meletios, Patriarch of Antioch (†382); St. Anthony, Patriarch of Constantinople Martyr Christos the Gardener (†1752). St. Alexis, Metropolitan of Moscow, Wonder-worker.
Thu	13	Righteous Martinianos (†392); Apostle Martyrs Aquila and Priscilla (disciples of St. Paul)
Fri	14	Righteous Auxentios on the mountain; St. Abrahamios (missionary †422) Righteous Maron of Syria. St. Cyril, Apostle to the Slavs
Sat	15	Apostle Onesimus of the 70, (a disciple of St. Paul). Martyr Maerus
Sun	16	Prodigal Son. St. Flavianos the hermit, Patriarch of Constantinople; Martyr Pamphilos the Priest & his 11 companions. St. Nicolas Planas, Presbyter of Athens
Mon	17	Great-martyr Theodore of Tyre †306 Mariamne Equal-to-the Apostles. Bp. Auxebios of Cyprus. New-martyr Theodore †1795
Tue	18	St. Leo, Pope of Rome(†461). Bp Agapetos of Rome, Confessor
Wed	19	Apostles Archipus, Philemon & Apphias of the 70. New Hieromartyr Niketas, the Hagiorite. Righteous Martyr Philothea of Athens (†1589)
Thu	20	St. Bessarion the Great of Egypt; Bishop Agathon of Rome, Bishop Leo of Catania (†875)
Fri	21	St. Eustathios, Archbp. of Antioch (against Arianism) St. Zacharias, Patriarch of Jerusalem. St. Timothy of Symbola in Bithynia
Sat	22	1st Saturday of the Souls. St. Bardatos the Syrian (†460, Synod of Chalcedon) Sts. Thallasios and Limnaios Discovery of Relics of Holy Martyrs at Eugene's gate, Constantinople
Sun	23	Sunday of the Final Judgment (Meatfare). Holy Hieromartyr Polycarp, Bishop of Smyrna (disciple of St. John); St. Gorgonia. New-martyr Damian at Larissa
Mon	24	First and Second finding of head of St. John the Baptist St. Erasmus of Kievan Cave
Tue	25	St. Tarasios, Patriarch of Constantinople (†806); Reginos of Skopelos
Wed	26	St. Photini, the Samaritan Woman, her sisters and sons; St. Porphyrios Bishop of Gaza
Thu	27	St. Prokopios of Decapolis, the Confessor. St. Stephanos Gerontologist
Fri	28	St. Basil, Confessor. New-Martyr Kyranna of Thessalonike (†1751)
Sat	29	2nd Saturday of the Souls of our Holy Ascetic Fathers and Mothers. St. John Cassian

¹**Fasting key:** Plain font Mon xx = no fasting. *Bold Font Mon xx*= fast day: no meat, eggs, dairy products, fish, oil or wine (alcohol).
Exceptions: ♠ = oil, shellfish, wine permitted. 🐟 = fish, oil and wine (alcohol) permitted. 🧀 = Dairy, eggs, fish, oil, wine permitted.
 Please see Fr. John if you have any questions regarding the fasting discipline of the Holy Orthodox Church