

Let them praise the
Name of the LORD!
For His Name alone is exalted!

FEBRUARY 2019



Saints Constantine and Helen Greek Orthodox Church

Rev. Father John Beal

Sunday Services 9:00 AM Matins – 10:00 AM Divine Liturgy

43404 30th St. W, Lancaster, California 93536

Website: www.stsch.org – Church Phone: 661-945-1212

For confirmation on any event, please phone or text Sylva Robinson at 661-794-8307

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Meeting (Presentation) of our Lord Great Vespers 7:00 PM	2
3 16th Sunday of Matthew Parable of the Talents Matt 25:14-30	4	5 Vespers 5:30PM Class 6:30PM	6	7	8	9
10 17th Sunday of Matthew Canaanite Woman Matt 15:21-28	11	12 Vespers 5:30PM Class 6:30PM	13	14	15	16
17 Start of Triodion 16th Sunday of Luke Publican and Pharisee Luke 18:10-14 Parish Council	18 Fast Free Week	19 Vespers 5:30PM Class 6:30PM	20	21	22	23 Feed the Hungry St. Vincent DePaul 8:30-10:00 AM
24 17th Sunday of Luke Prodigal Son Luke 15:11-32	25	26 Vespers 5:30PM Class 6:30PM	27	28		

CHURCH CALENDAR FOR FEBRUARY 2019¹

<i>Fri</i>	1	St. Tryphon (†251), Martyr and Healer. Forefeast of the Meeting of our Lord Jesus Christ New-martyr Anastasios of Nafplion. St. Bridget of Ireland
Sat	2	MEETING OF OUR LORD AND SAVIOR JESUS CHRIST IN THE TEMPLE [rest from labor]
Sun	3	Synaxis of St. Simeon the God-Receiver & Prophetess Anna; New Martyrs Stamatios & John the Brothers, and Nicolas of Spetsai (†1822). Martyrs Paul and Simon
Mon	4	St. Isidore of Mt. Pelusium (†470). St. Nicholas the Confessor, Abbot of Studion Monastery. New-martyr Joseph of Aleppo. St. Cyril of New Lake, the Wonder-worker
Tue	5	Martyr Agatha of Sicily; St. Polyeuktos, Patriarch of Constantinople St. Theodosios of Skopelos New-martyr Anthony of Athens(†1774)
<i>Wed</i>	6	St. Bukolas, Bishop of Smyrna (disciple of St. John the Apostle) St. Photios the Great (†891 Patriarch of CP). Sts. Barsanuphrius & John of Gaza
Thu	7	Righteous Parthenios, Bishop of Lampsakos; St. Luke of Mt. Stirion (healer †846) New-martyr George of Crete
<i>Fri</i>	8 ♦	Great-martyr Theodore the Commander. Prophet Zacharias. St. Savvas of Serbia
Sat	9	Martyr Nikephoros(†259). Apodosis of the Meeting of our Lord in the Temple Bishop Markellos. St. Philagrius, Bishop of Cyprus, martyr
Sun	10	Hieromartyr Haralambos the Wonder Worker (†192) [rest from labor]. St. Anastasios, Archbishop of Jerusalem. St. Anna Princess, Novgorod
Mon	11	Hieromartyr Vlassios of Sebasteia. St. Theodora, Empress of Constantinople
Tue	12	St. Meletios, Patriarch of Antioch (†382); St. Anthony, Patriarch of Constantinople Martyr Christos the Gardener (†1752). St. Alexis, Metropolitan of Moscow, Wonder-worker.
<i>Wed</i>	13	Righteous Martinianos (†392); Apostle Martyrs Aquila and Priscilla (disciples of St. Paul)
Thu	14	Righteous Auxentios on the mountain; St. Abrahamios (missionary †422) Righteous Maron of Syria. St. Cyril, Apostle to the Slavs
<i>Fri</i>	15	Apostle Onesimus of the 70, (a disciple of St. Paul). Martyr Maerus
Sat	16	St. Flavianos the hermit, Patriarch of Constantinople; Martyr Pamphilos the Priest & his 11 companions. St. Nicolas Planas, Presbyter of Athens

Triodion Begins (Fast Free Week 17-23 Feb)

Sun	17	Publican and the Pharisee. Great-martyr Theodore of Tyre †306 Mariamne Equal-to-the Apostles. Bp. Auxebios of Cyprus. New-martyr Theodore †1795
Mon	18	St. Leo, Pope of Rome(†461). Bp Agapetos of Rome, Confessor
Tue	19	Apostles Archipus, Philemon & Apphias of the 70. New Hieromartyr Niketas, the Hagiorite. Righteous Martyr Philothea of Athens (†1589)
Wed	20	St. Bessarion the Great of Egypt; Bishop Agathon of Rome, Bishop Leo of Catania (†875)
Thu	21	St. Eustathios, Archbp. of Antioch (against Arianism) St. Zacharias, Patriarch of Jerusalem. St. Timothy of Symbola in Bithynia
Fri	22	St. Bardatos the Syrian (†460, Synod of Chalcedon); Sts. Thallasios and Limnaios Discovery of Relics of Holy Martyrs at Eugene's gate, Constantinople
Sat	23	Holy Hieromartyr Polycarp, Bishop of Smyrna (disciple of St. John); St. Gorgonia. New- martyr Damian at Larissa
Sun	24	Prodigal Son. First and Second finding of head of St. John the Baptist. St. Erasmus of Kievan Caves
Mon	25	St. Tarasios, Patriarch of Constantinople (†806); Reginos of Skopelos
Tue	26	St. Photini, the Samaritan Woman, her sisters and sons; St. Porphyrios Bishop of Gaza
<i>Wed</i>	27	St. Prokopios of Decapolis, the Confessor. St. Stephanos Gerontologist
Thu	28	St. Basil, Confessor. New-Martyr Kyranna of Thessalonike (†1751); St. John Cassian

¹**Fasting key:** Plain font Mon xx = no fasting. *Bold Font Mon xx*= fast day: no meat, eggs, dairy products, fish, oil or wine {alcohol}.
Exceptions: ♦ = oil, shellfish, wine permitted. ⚡ = fish, oil and wine (alcohol) permitted. 🧀 = Dairy, eggs, fish, oil, wine permitted.
Please see Fr. John if you have any questions regarding the fasting discipline of the Holy Orthodox Church