

Let them praise the
Name of the LORD!
For His Name alone is exalted!

APRIL 2018



Saints Constantine and Helen Greek Orthodox Church

Rev. Father John Beal

Sunday Services 9:00 AM Matins – 10:00 AM Divine Liturgy

43404 30th St. W, Lancaster, California 93536

Website: www.stsch.org – Church Phone: 661-945-1212

For confirmation on any event, please phone or text Sylva Robinson at 661-794-8307

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 PALM SUNDAY John 12:1-18 Fish Luncheon HOLY WEEK Bride Groom Matins 7:00 PM	2 HOLY MONDAY Bride Groom Matins 7:00 PM	3 HOLY TUESDAY Bride Groom Matins 7:00 PM	4 HOLY WEDNESDAY Blessing of the Oil (Unction) 7:00 PM	5 HOLY THURSDAY Vesperal Liturgy 9:00 AM 12 Passion Gospels 7:00 PM	6 HOLY FRIDAY Decorate 8:30 AM Taking Down from Cross Vespers 5:00 PM Lamentation Matins 7:00 PM	7 HOLY SATURDAY Vesperal Liturgy 9:00 AM Wrapping of Paschal Eggs HOLY PASCHA Matins/Liturgy 11:30 PM Anastasis Meal in the hall, after!
8 HOLY AND GREAT PASCHA John 1:1-17 Agape Vespers 12 noon Agape Lunch 12:45 PM	9 Renewal Monday Fast Free Week	10 Renewal Tuesday	11 Renewal Wednesday Vespers 6:00 PM	12 Renewal Thursday Matins Liturgy 9:00 AM	13 Renewal Friday Life-Giving Spring of the Theotokos No service	14 Renewal Saturday
15 Thomas Sunday John 20:19-31	16	17	18	19	20	21
22 Holy Myrrh- Bearers Mark 15:43-16:8 Parish Council	23	24	25	26	27	28
29 The Paralytic John 5:1-15 Luncheon & Spring Parish Assembly	30					

CHURCH CALENDAR FOR APRIL 2018¹

Fasting rules change throughout the month due to Great Lent (see footnote for guide)

- Sun 1* ➔ **PALM SUNDAY - Triumphal Entry of our Lord and Savior Jesus Christ into Jerusalem**
Our Holy Mother Mary of Egypt. Martyr Gerontios, Canonarch of the Kievan Caves
- HOLY AND GREAT WEEK**
- Mon 2* **Holy and Great Monday – Joseph the all-virtuous. Parable of the Fig Tree**
St. Titus the Wonder-worker (†303). Virgin-martyr Theodora; St. Gregory of Nikomedia
- Tue 3* **Holy and Great Tuesday – Parable of Ten Virgins.** St. Niketas the Confessor.
St. Joseph the Hymnographer, New-martyr Paul the Russian
- Wed 4* **Holy and Great Wednesday – Betrayal of Christ – Blessing of the Oil [Unction]**
St. George of Mt. Maleon; St. Zosimos who found St. Mary of Egypt
- Thu 5* **Holy and Great Thursday – The Mystical Supper** Martyrs Claudius, Diodorus et al;
Righteous Theodora; New-martyr George of Ephesus
- Fri 6* **Holy and Great Friday – The Crucifixion, Descent from the Cross**
St. Eutychios, Patriarch of Constantinople (†582); St. Gregory of Sinai. 120 Martyrs of Persia.
- Sat 7* **Holy and Great Saturday [strict fast] – Burial of the Lord, the harrowing of Hades**
Holy Martyr Calliopius; St. George, Bishop of Mytilene; Deacon-Martyr Rufinus
- RENEWAL OF CREATION (BRIGHT) WEEK**
all fasting abolished 8-15 April
- Sun 8* **HOLY AND GREAT PASCHA - Glorious Resurrection of our Lord and Savior Jesus Christ**
Sts. Agabos, Herodion, Rufus, Asyncritos, Phlegon, Hermes of the 70
- Mon 9* **Renewal Monday.** Martyr Euppsychios of Caesarea (†360)
- Tue 10* **Renewal Tuesday. Saints Rafael, Nicholas and Irene of Mytilene.**
St. Gregory 5th, Patriarch of CP (†1821). Martyrs Terence, Pompey and those with them.
- Wed 11* **Renewal Wednesday.** Hieromartyr Antipas, Bishop of Pergamum (disciple of St. John)
- Thu 12* **Renewal Thursday.** St. Basil the Confessor; Righteous Anthusa of Constantinople
- Fri 13* **Renewal Friday - Life Giving Spring of the Theotokos.**
St. Martin the Confessor, Pope of Rome (†656). New-martyr Demetrios
- Sat 14* **Renewal Saturday.** Holy Apostles Aristarchus, Pudens, Trophimus of 70
- Sun 15* **Thomas Sunday.** St. Crescens Martyr of Myra. Hieromartyr Leonidas of Athens
- Mon 16* Virgin-martyrs Agape, Irene & Chionia. New-martyr Michael
- Tue 17* Martyr Simeon, Bishop of Persia. St. Macarios, Bishop of Corinth.
St. Agapetos, Pope of Rome (†536).
- Wed 18* ♦ Martyr John of Ioanina (†1562). St. John of Decapolis. St. Athanasia the Wonder-worker.
St. Akakios, Bishop of Melitene
- Thu 19* Martyr Theodore of Pergia. Hieromartyr Paphnutios of Egypt
- Fri 20* ♦ St. Athanasios, of Meteora. Apostle Zacchaeus, the Publican. St. Theodore (Hair Shirt)
- Sat 21* St. Anastasios of Sinai. Hieromartyr Januaros and his companions.
Martyr-Empress Alexandra.
- Sun 22* **Sunday of the Holy Myrrh-bearers.** Theodore of Sykeon, Bp of Anastasioupolis.
Apostle Nathaniel
- Mon 23* **Holy Great Martyr George the Trophy Bearer [rest from labor]**
- Tue 24* Elizabeth the Wonder-worker. New-martyr Doukas, from Mytilene (†1564)
Holy martyr Savvas, the Commander
- Wed 25* ♦ **Holy Apostle and Evangelist Mark.** Martyr Nike
- Thu 26* Hieromartyr Basil, Bishop of Amasia. Righteous Nestor. St. Stephen 1st Bishop of Perm
- Fri 27* ♦ Hieromartyr Apostle Simeon, Kinsman of Lord. Eulogios the Innkeeper of Constantinople
- Sat 28* Nine Holy Martyrs of Kyzikos. Righteous Memnon Wonder-worker
- Sun 29* **Sunday of the Paralytic.** Apostles Jason and Sosipater of the 70
- Mon 30* **Holy Apostle James** (the Greater †44), brother of St. John the Theologian

¹**Fasting key:** Plain font Mon xx = no fasting. *Bold Font Mon xx*= fast day: no meat, eggs, dairy products, fish, oil or wine {alcohol}.
Exceptions: ♦ = oil, shellfish, wine permitted. ➔ = fish, oil and wine (alcohol) permitted. ☪ = Dairy, eggs, fish, oil, wine permitted.
Please see Fr. John if you have any questions regarding the fasting discipline of the Holy Orthodox Church